



Hi Rutlanders

The Racer is on holiday this week ;) ... Not much happening anyway!!!

Normal service returns next week :)

Until next week ...

Happy Swimming, Cycling, Running
Richard

📅 Events Section

Take a look at the calendar on the Website for upcoming races and club sessions

All details on the website: <http://www.rutlandrunandtri.co.uk/calendar/>

🎵 Tunes Section

No new songs this week but a reminder that I have created a Spotify playlist with all the past tracks that have featured on the previous editions ... enjoy

<https://open.spotify.com/user/richard-evans%3B%29/playlist/3nPs1ZleVXCd4ztBX72MWW>